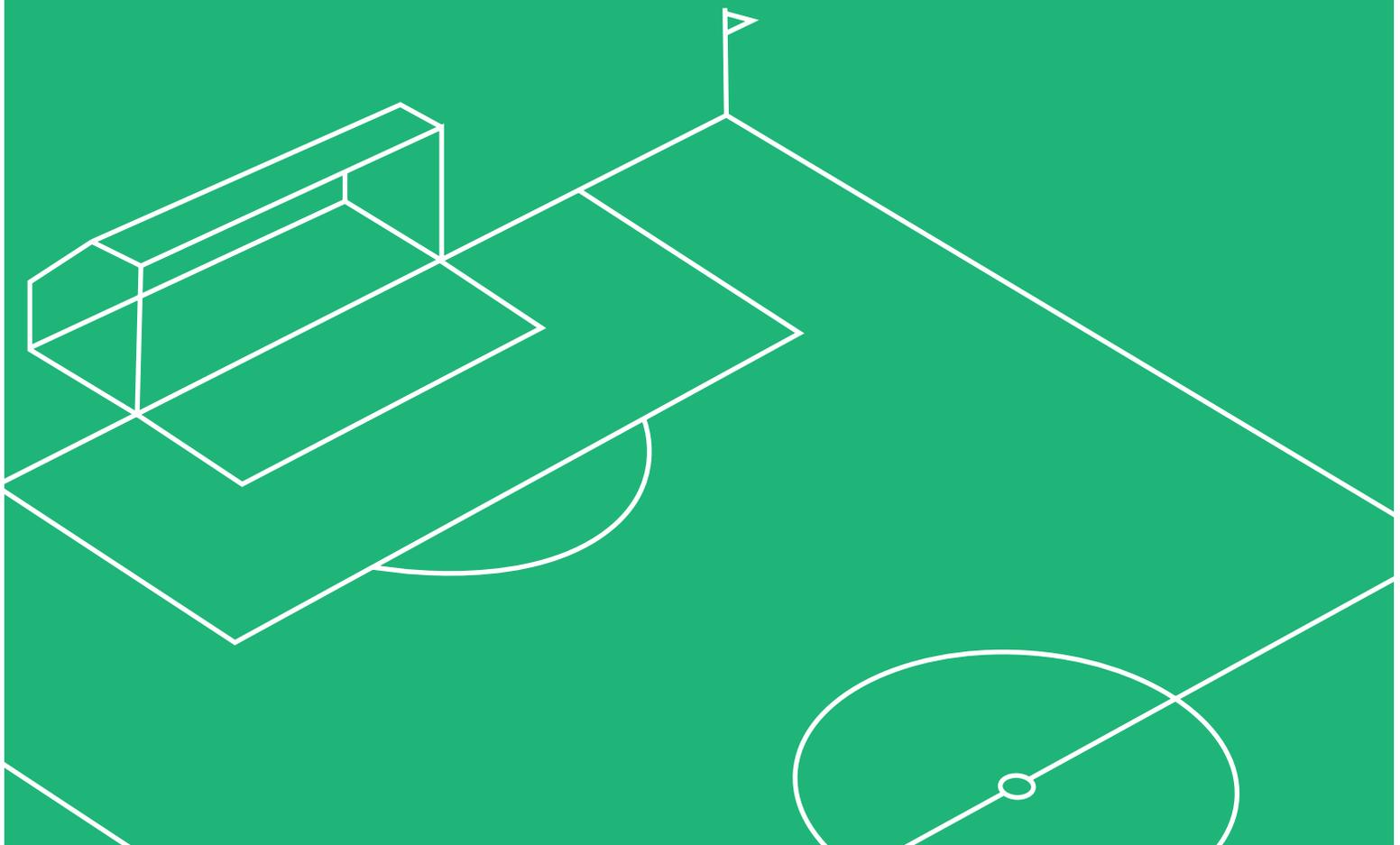




P2 SOCCER TRAINING SUMMER CAMPS

2019 COACHES CORNER



COACHES CORNER

MONDAY: FRIENDSHIP

We want the players getting to know each other so that this can be a comfortable environment for the week going forward.

TASKS: Players have 90 seconds to find out 3 facts about 3 team mates.

Here are some examples:

- What do you want to be when you're older?
- Favorite food?
- Favorite soccer position?
- Favorite hobby?

Once the time is up they choose to stand by a team mate and tell the rest of the group 3 facts about their team mate.

Make it positive give them a round of applause.

TUESDAY: TEAM BUILDING

Team building is an integral part of soccer as it creates a trustworthy environment among your group of players.

BLINDFOLD OBSTACLE COURSE: In this game players will pair up in 2's.

- Number themselves 1 and 2
- No1 will be blindfolded first and No2 will be the guide and voice.
- Blindfolded player will be going through the obstacle course with the ball and their guide will help them through using their voice to maneuver their partner around the course.

TEAM CHANT: Get the players in two teams. They have 3 minutes to come up with a soccer chant for their team. Coach votes on who's chant is the best and why?

COACHES CORNER

WEDNESDAY: GROUP TASK

Group tasks can help kids build a positive mindset towards helping each other and those around them.

TASK: Put players in two teams. Each team must create a soccer drill that they will teach to the other team.

Encourage them to think about coaching points and ways of making the drill fun.

THURSDAY: QUIZ

QUIZ DAY: When doing the quiz make sure to use some soccer and some general knowledge questions (prepare these on the Wednesday night)

You will be able to tell by the Monday what type of group you have in terms of soccer IQ knowledge.

If they are a group that do not watch a lot of soccer and just play then great! Your soccer questions might be based on technical aspects of the game i.e. What part of the foot can you pass the ball with?

If it is a group that seem like they are obsessed with soccer and watch champions league and EPL etc. then your questions might be a little harder i.e. Where was the champions league final held?

Have fun with your questions and remember it doesn't just have to be about soccer! (no political questions).

FRIDAY: PHOTOS

Camp Director will use this time to get groups together for camp pictures.

PHOTOS: Please make sure all players are wearing the camp t-shirts given out on Monday!

Make it fun and enjoyable.

Once done we can go into our world cup games!

The last day of camp has to be an enjoyable one because you want them to walk away from camp with a lasting memory of a fun filled last day.